

WHOLISTIC MODEL OF PSYCHO-SPIRITUAL SUPPORT (WhiPS)[®]

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ABSTRACT

WhiPS is an acronym for Wholistic Model of Psycho-spiritual Support for disaster victims. The strength and weaknesses of existing models in managing disaster victims were examined and analysed in order for the new model to be developed. WhiPS covers the necessary plans for Pre-crisis, In-crisis and the Post-crisis management of the victims with the ultimate objective of attaining their well-being in this world. The model is considered unique as it covers both hard-ware and heart-ware aspects in the management plans and activities. The adoption of the model in managing disasters' victims would benefit them in getting treatment wholistically and comprehensively. This is in line with the government aspiration to have well-treated citizens with better quality of life in the future.

INTRODUCTION

The current increase of natural disaster phenomenon globally and as well as in Malaysia has caused natural disaster victims to lose their loved ones, suffered an injury, loss of livestock, property damage and economic lost. They succumbed to not only physical health problems due to hygiene issues but also emotional problems. Several research found out that more victims are affected psychologically rather than physically. Victims faced difficulties in dealing with post-impact disaster and mental health issues. Unfortunately, in any disasters or calamities, psycho-spiritual consequences are given less emphasis. In fact, to date, there has been no specific and comprehensive religious-based model being introduced to the victims in minimizing the risks of psycho-spiritual impacts. These psycho-spiritual impacts could be even more disastrous to the victims than the disaster itself if they are not treated properly in a more religious manner. Wholistic Model of Psycho-Spiritual Support (WhiPS) (DV2021E04758) is therefore developed to signify the wholistic approach in managing and handling disasters' victims to get themselves recovered from the traumatic tragedy or hurtful events by applying the religiosity and spiritual experiences.

PRODUCT DIAGRAM/PICTURE

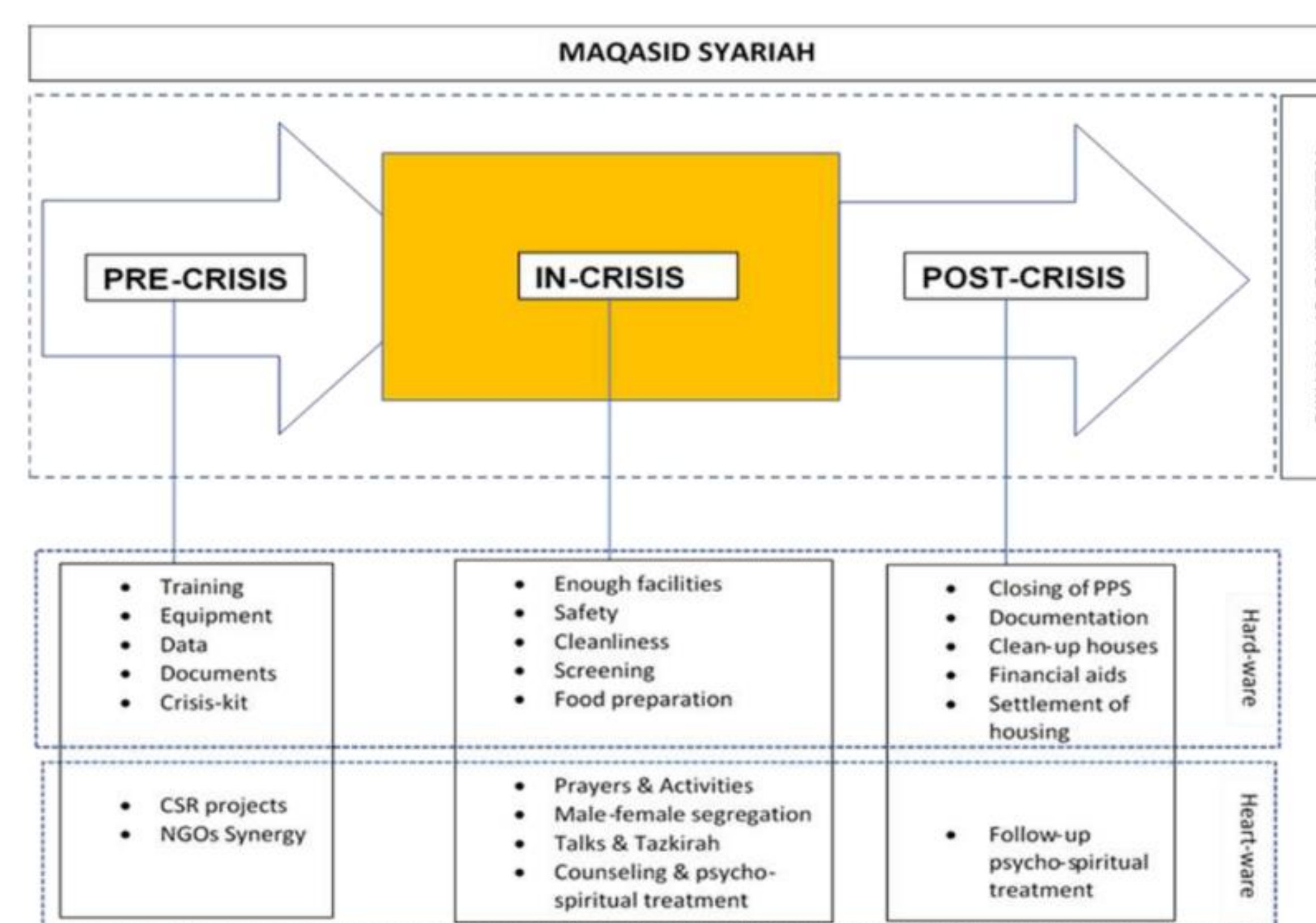


Fig 1. Psycho-spiritual Support Model

PRODUCT DESCRIPTION

- Wholistic Model of Psycho-Spiritual Support (WhiPS) is a model based on the maqasid al-shariah (objectives of shariah) generally aim to preserve the wellbeing of the people by safeguarding the five essential qualities of life (dharuriyyah al-khams). The five qualities of life include the deen (hifz al-deen), the life (hifz al-nafs), the intellect (hifz al-aql), the dignity (hifz al-ird) and the property (hifz al-maal).
- Based on the model, it is proposed that the psycho-spiritual support shall include the entire states of disaster comprising of the pre-crisis state, in-crisis state and the post-crisis state. The model also essentially covers both preparation in relation to hard-ware and heart-ware.

METHODOLOGY

- Wholistic Model of Psycho-Spiritual Support (WhiPS) model was developed based on the maqasid al-shariah is an outcome of a qualitative research through semi-structured interview with agencies directly involved in disaster management in Malaysia and library research on primary sources of Islam related to psycho-spiritual support.
- Based on inductive data analysis, the WhiPS model was structured and developed.

SYARIAH COMPLIANCE

- This model seeks to protect the principles of protection *Maqasid Syariah* (Religion, Life, Intellect, Dignity & Property)
- This model supports the aspiration to have well-treated citizens with better quality of life in line with the spirit of the cardinal principle Shariah to preserve the well-being of people and to avoid any harm or danger.

SIGNIFICANCES

Wholistic Model of Psycho-Spiritual Support (WhiPS) model can be used as a source of reference to the related authorities involved handling mental wellness of disaster victims in the formulation and implementation of policies and programs specifically for well-being of natural disaster victims for example Welfare Department of Malaysia, private mental health practitioners, researchers, NGO and relevant stakeholders.

NOVELTY & ORIGINALITY

Wholistic Model of Psycho-Spiritual Support (WhiPS) is a model which comprehensively incorporates the psycho-spiritual support based on maqasid al-shariah (objectives of shariah) generally aim to preserve the wellbeing of the people by safeguarding the five essential qualities of life (dharuriyyah al-khams). The uniqueness of this model is the comprehensive religious-based model being introduced to the victims in minimizing the risks of psycho-spiritual impacts. Besides that, the model developed to be applied not only during natural disasters but also extends during the occurrence of other catastrophes and calamities in the future.

PUBLICATION

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PATENT & RECOGNITION

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